

Example lightweight Packing List - Under 20 lbs

Individual's Personal Gear		(oz)
Packing System		
Pack		41
Stuff sacks		3
Sleeping System		
Sleeping bag		34
Pad		14
Groundsheet		6
Eating & Hydration		
Bowl, cup, spork		3
Water bottles/bladder		5
Clothes		
Wind/rain jacket		12
Fleece jacket		12
Sweat pants		9
Extra socks		2
Fleece hat		2
Long-sleeve shirt		8
Accessories		
Headlamp		3
Toiletries (toothbrush, toothpaste, toilet paper, hand cleaner)		2
Personal first aid kit		1
Compass		1
Knife		1
Lighter		1
Sunscreen & chapstick		1
Insect repellent		2
Bandanna		1
Extra plastic bags		1
Subtotal - Individual's Personal Gear		165 oz
		<i>10.3 lbs</i>
Shared Group Gear		
Don't assume you can share - coordinate this with your patrol leader		
Stove kit (stove, back-up stove, windscreen, pot-holder)		16
Pot		18
Dishwashing set-up		12
Water bags (2 x 6 liters)		6
Water filter		18
Water tablets		0
Group first aid kit		28
Repair kit		8
Trowel		2
Trash bag		2
Map & waterproof case		5
Total Group Gear		115
<i>Number of Scouts Sharing Group Gear</i>		<i>6</i>
Subtotal - Individual's Share of Group Gear		20 oz
		<i>1.3 lbs</i>
Shared Shelter		
Don't assume you can share - coordinate this with your friends		
3-Man Tarp & Line		22
Tent stakes		6
Total Shared Shelter		28
<i>Number of Scouts Sharing Group Gear</i>		<i>3</i>
Subtotal - Individual's Share of Group Gear		10
		<i>0.6 lbs</i>
Food & Water		
Food		32
Water		32
Subtotal - Individual's Food & Water		64 oz
Grand Total		259 oz
		<i>16.2 lbs</i>